

NM Smoking & Nicotine Data Points to Consider

Why Is This Smoking Data Important?

Smoking is the leading preventable cause of death in the United States. Smoking is initiated and established primarily during adolescence, with more than 80% of adult smokers first smoking before age 18. One in six adults and one in nine youth smoke in New Mexico. About half of all lifetime smokers will die early because of their tobacco use. In New Mexico, about 2,800 people die from tobacco use annually and another 84,000 are living with tobacco-related diseases. Annual smoking-related medical costs in New Mexico total \$844 million.

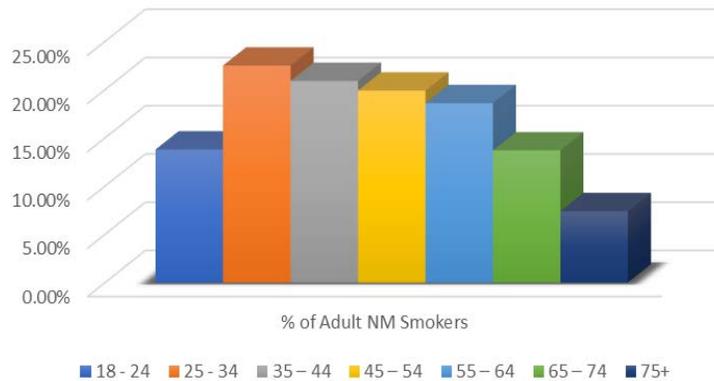
According to the CDC's SAMMEC (Smoking Attributable Mortality, Morbidity, and Economic Costs) website, smoking is responsible for a significant proportion of the deaths from numerous types of malignant neoplasms (e.g., lung, esophageal, and laryngeal cancers); from cardiovascular diseases (e.g., ischemic heart disease, cerebrovascular disease); and from several respiratory diseases (e.g., bronchitis, emphysema, chronic airway obstruction). Combined, these smoking-related deaths make smoking the leading behavioral cause of death in the United States.

https://ibis.health.state.nm.us/indicator/complete_profile/tobaccosmokeadult.html

Data & Graphs	Number	Where to Find the Citation														
<p>Tobacco Use & Smokers in NM</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>ADULT SMOKERS IN NM</td> <td>17.20%</td> </tr> <tr> <td>ADULT WOMEN SMOKERS IN NM</td> <td>14.50%</td> </tr> <tr> <td>ADULT MALE SMOKERS IN NM</td> <td>20.60%</td> </tr> <tr> <td>AFRICAN AMERICAN ADULT SMOKERS IN NM</td> <td>28.90%</td> </tr> <tr> <td>AFRICAN AMERICAN YOUTH (17YO AND UNDER)</td> <td>25.50%</td> </tr> <tr> <td>NM YOUTH (17YO AND UNDER)</td> <td>24.70%</td> </tr> </tbody> </table>	Category	Percentage	ADULT SMOKERS IN NM	17.20%	ADULT WOMEN SMOKERS IN NM	14.50%	ADULT MALE SMOKERS IN NM	20.60%	AFRICAN AMERICAN ADULT SMOKERS IN NM	28.90%	AFRICAN AMERICAN YOUTH (17YO AND UNDER)	25.50%	NM YOUTH (17YO AND UNDER)	24.70%	1	<p>https://ibis.health.state.nm.us/indicator/complete_profile/tobaccosmokeadult.html</p> <p>This graph reports the higher than average percentage of smokers who are African American in New Mexico.</p> <ul style="list-style-type: none"> • 17.2% of NM adults smoke • 28.9% of African Americans in NM smoke • 25.5% of African American youth, 17 and under, smoke in NM
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NM Smokers by Age Group

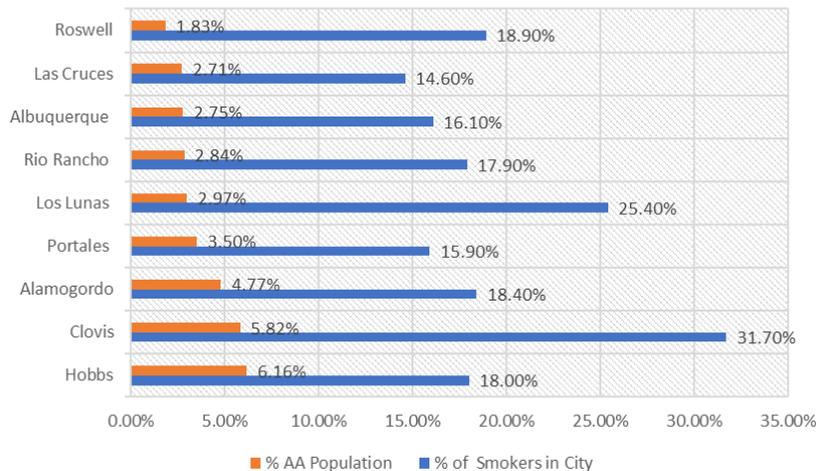


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This graph shows **there are more African American smokers between the ages of 25 and 34 years old** out of all smoking populations in the state.

Living with NM Smokers: AA Population Centers



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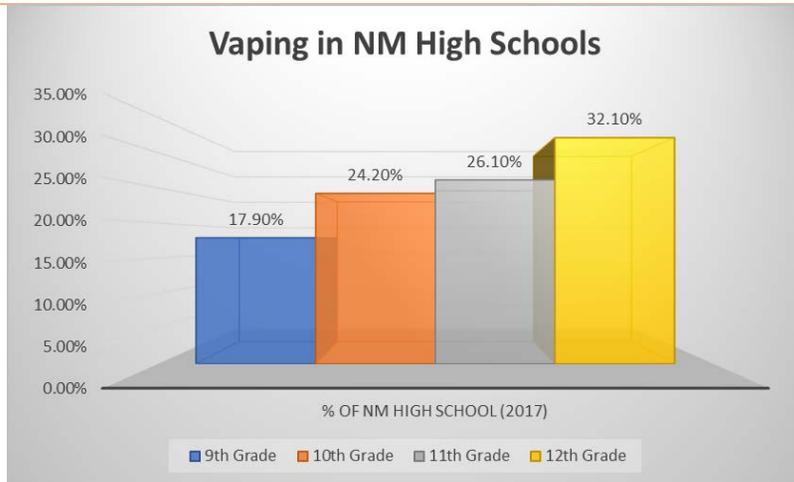
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Statistically, there are more smokers living in Clovis, Los Lunas and Roswell, NM. The African American populations in these centers are rather high as well.

This graph also indicates the 10 municipalities where African Americans live across New Mexico. **The highest percentage of African Americans live in Hobbs, Clovis, Alamogordo and Portales.**

<https://www.roadsnacks.net/most-african-american-cities-in-new-mexico/>

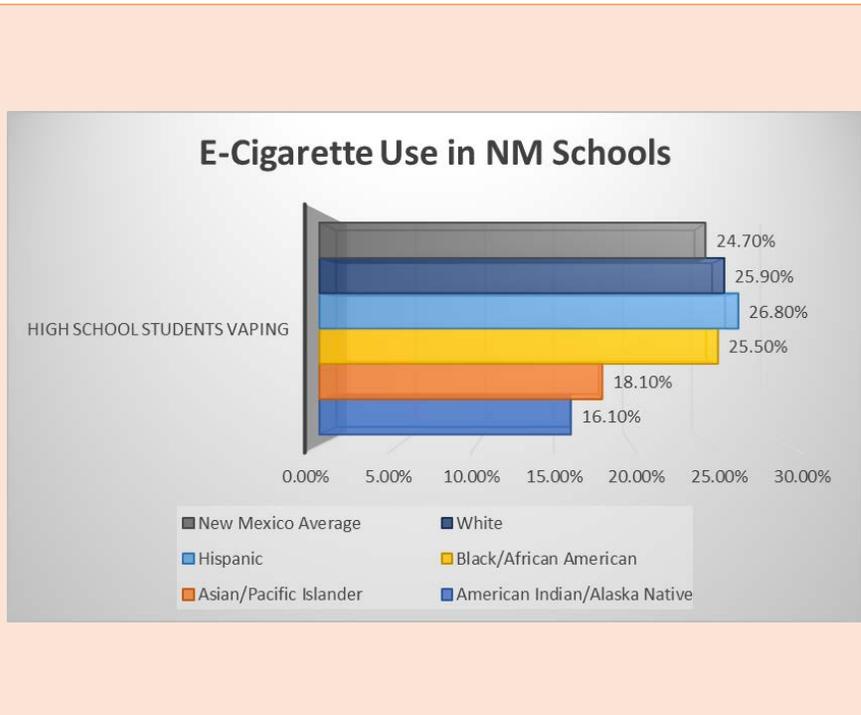
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https://ibis.health.state.nm.us/indicator/complete_profile/TobaccoSmokeECigYouth.html

4 NMAAT acknowledges, explores, and educates others about the normalization of tobacco use and how *addiction* operates within a context of racial & socio-economic oppression. **We are especially concerned about the pressures being placed on our Black Youth - because by high school 25% of African American youth have begun the habit of vaping.**

By the 12th grade, 32.3% of NM youth vape and use e-cigarettes.



https://ibis.health.state.nm.us/indicator/complete_profile/TobaccoSmokeECigYouth.html

5 **24.7% of NM high school youth used e-cigarettes, compared to 20.8% in the US (2018) ranking NM third among 39 states who complete a similar youth survey.**

25.5% of African American students in NM high schools vape. But health experts are reporting serious lung damage in people who vape, including some deaths.

*Vaping puts nicotine into the body. Nicotine is highly addictive and can:

- slow brain development in teens and affect memory, concentration, learning, self-control, attention, and mood.
- increase the risk of other types of [addiction](#) later in life.

(* www.kidshealth.org)

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